



MINIMUM 24 HRS NOTICE IS REQUIRED Place orders by noon (Mon-Thur) for next day deliveries. We are closed weekends, so Monday orders must be placed by noon on Friday

* Family size serves two

THIS ORDER IS FOR:

Delivery* Pick-up

*Delivery fees apply outside Houston Medical Center Area

CONTACT INFORMATION:

Name: _____

Primary Ph: _____

Alternate Ph: _____

Email: _____

DELIVERY INFORMATION:

MINIMUM 24 HRS NOTICE IS REQUIRED

Date: _____

Time: _____

Address: _____

Apt/Ste: _____ Zip: _____

Contact Person: _____

Primary Ph: _____

Alternate Ph: _____

Special Instructions: _____

PAYMENT:

Check

*Name on Card: _____

Card # _____

Exp: _____ Type: _____

*Should you prefer you can provide payment information over the phone

Thank you for your order!
We will be contacting you soon to confirm your order.

Call me! Email me!

Contact us!

2407 B Rice Blvd. Houston TX 77005
713-979-3620
FAX 1866-782-6760

www.gofreshgourmet.com
orders@gofreshgourmet.com

Entrees

Fried Chicken Salad \$7.99 single
Crispy crunchy chicken breast chunks top fresh greens and fruit in a lovely salad, special dressing included

Asian Chicken Salad \$7.99 single
Marinated chicken chunks atop crisp greens, tomatoes, and citrus with seasoned noodles and a ginger dressing

Beef Lasagna \$7.99 single
Our most popular item - ground beef and fresh marinara layered with pasta and creamy cheeses, Italian spices \$8.99 family

King Ranch Casserole \$7.99 single
Corn tortillas, chicken, creamy sauce and several cheeses blend with the spice of green chilies and tomatoes for a luscious meal \$8.99 family

Mediterranean Chicken \$8.59 single
Chicken breast strips marinated in our sundried tomato sauce, served with almond rice \$9.59 family

Glazed Chicken \$8.59 single
Glazed chicken breast strips served with fresh pico de gallo and couscous \$9.59 family

Baked Tilapia \$8.79 single
Tortilla crusted tilapia filet. Served with almond rice \$9.99 family

Greek Pasta \$6.99 single
Penne pasta full of Greek flavors - feta, olives, fresh spinach, and tomatoes in a creamy sauce - delicious hot or cold \$7.99 family

Pasta del Sol \$6.99 single
Penne pasta tossed with our delicious Sol Sauce - flavors of sundried tomatoes, garlic herbs and spices, combined with chicken and fresh spinach \$7.99 family

Beef Brisket \$8.59 single
Thinly sliced brisket, sauce on the side, to be enjoyed as a sandwich or with our potato salad \$9.59 family

Chicken Parmesan \$7.99 single
Crispy, crunchy chicken breast fillets, served over penne pasta and topped with luscious marinara sauce and cheese \$8.99 family

Cheese Ravioli \$7.99 single
Jumbo cheese filled ravioli, sauced with butter basil and garlic. Garnished with shredded parmesan cheese \$8.99 family

Chicken Tenders \$7.99 single
Breast strips - seasoned and fried. Perfect for dipping with our Ranch dressing and crispy broccoli \$8.99 family

Meatballs & Spaghetti \$6.99 single
Lots of meatballs, plain and simple, sure to please even the kids \$7.99 family

Sides

* Serves two

Fresh Fruit Salad \$5.99
Cut up fresh fruit - just right as a side salad, for breakfast, or always ready for snacking

Fruit and Cheese Plate \$7.59
Cheese cubes and a portion of Brie, with seasonal fruits, wonderful before dinner, for a quick lunch, or as a child's meal

Ranch Potatoes \$5.99
Crispy potato cubes seasoned with ranch dressing and topped with shredded cheese

Almond Rice \$4.99
Basmati rice sautéed in a wonderfully spiced sauce then steamed for a perfect side dish

Mac n' Cheese \$5.99
Great side dish - penne pasta in a creamy sauce of blended cheeses with a crunchy topping of fresh, buttered bread crumbs. A child's favorite

Veggies \$4.99
Our side of chef cut veggies is a medley of crisp yellow and green veggies

Southwest Salad \$5.79
Black beans, corn, red bell peppers and tomatoes in a slightly sweet dressing

Chicken Salad \$8.99
Always a favorite, breast of chicken marinated, hand cut and tossed with celery and mayo. Sold by the pound

Garden Salad \$4.99
Fresh greens, tossed with shredded carrots, purple cabbage, and grape tomatoes. Served with our special ranch dressing

Greek Salad \$5.99
Greens, cucumbers, feta, peperoncini peppers, tomatoes, and ripe olives for can't miss Greek flavor

Dessert

Half dozen pieces

Cookies \$3.89

Lemon Squares \$5.99

Brownies \$5.99

****DELIVERY AND PACKAGING FEES MAY APPLY****